Activity Report 1st April 2017 to 31 March 2018 1st April 2018 to 15 March 2019



A glimpse of Activities

- Adolescent Health Program
- Health education to children and other social activities
- Eye Treatment Camps
- Dental Care & General Camps
- > Youth Empowerment, Deaddiction and Vocational training guidance
- Gandhi Melo (fair), Computer Classes and Blanket distribution
- Career development training of employees and their participation in various programs

Ramkrishna Samvedna Trust

KANBIWAD, SITAPUR, TALUKA- VANSDA-396580, DIST. NAVSARI, GUJARAT Mo. No: 94277 06848, 98251 21967 Email : <u>rst.vansda@gmail.com</u>, <u>nikunj.desai321@gmail.com</u> Reg. No : E / 1787 / Navsari

Ramkrishna Samvedana Trust is a voluntary organization that is working for the underprivileged community with the aim of facilitating holistic development of people living in the interior villages of geographically hilly region of Navsari, Valsad, Dang and Tapi district of South Gujarat and Nasik district of Maharashtra which are educationally and economically backward and in need of medical services.

Health related activities are done in association with Valsad Raktadan Kendra

Adolescent Health Program

During sessions on adolescent health in high schools and colleges, teenage boys and girls are given education about their physical, mental as well as emotional health with the help of exhibition, videos, games as well as dialogues. Guidance about hygiene during menstruation is also given to adolescent girls. The Kit containing Flalin cloth pads, pamphlet about cleanliness during menstruation and booklet on "Mugdhavastha ni Munzvano" is also distributed to them. Sewa Rural, Jhagadia, Dist. Bharuch gives technical guidance for this program.

| Year | Schools | Total Session | Boys | Girls | Total Participant |
|---------|---------|------------------|-------|-------|----------------------|
| 2017-18 | 183 | 263 | 12707 | 22653 | 35360 |
| 2018-19 | 240 | 341 | 10482 | 31317 | 41799 |



Adolescent girls with menstruation kit made of flalin cloth.



Our trustee Dr Amiben Yagnik explaining reproductive system to adolescent girls



Adolescent girls with book title "Kishoravasthani Munzvano"



Adolescent girls viewing poster exhibition on adolescent health

Health education to children and other social activities

School children of 1st to 8th standard are made aware of the healthy life styles and cleanliness. Video titled "Three advices of Meena" is shown to them. We are trying to uplift the level of education in 18 schools of Waghai taluka of the district Dang. In addition to that with help of Srimad Rajchandra Mission, Dharampur Ramkrishna Samvedna Trust distributed good quality notebooks and other educational material in the schools of interior villages at concessional rates.

| | Total sessions at Schools | Total Beneficiaries |
|-----------|------------------------------|---------------------|
| 2017-18 | 108 | 16812 |
| 2018-2019 | 194 | 24565 |



Students at Primary schools watching video titled "Three advices of Meena"



Awareness on cleanliness to the students of primary schools



Students of primary schools watching awareness videos



Students of primary schools taking pledge for cleanliness and de-addiction

Eye Treatment Camps

Ramkrishna Samvedna Trust is organizing eye camps regularly in association with Shubham Netraseva Trust on third Sunday of every month at Sitapur. Patients in need of operation from eye camps are sent to Tejas eye Hospital, Mandvi for Eye Surgeries. We provide comprehensive eye care servicesdiagnostic as well as Surgical- free of cost to the patients. Our trustee Dr. Rohan Chariwala, an Eye Surgeon himself and Public Health Expert has taken a lead in combating avoidable blindness in this rural-tribal region.

Eye camps details are as follows.

| | Total Eye Camps | Total OPD | Total Glasses distributed | Medicines | Total patient in need of surgery | Cataratct surgery done | Other Eye surgeries |
|---------|-----------------------|--------------|---------------------------------|-----------|--|------------------------------|------------------------|
| 2017-18 | 8 | 2737 | 1606 | 483 | 263 | 153 | 18 |
| 2018-19 | 13 | 2338 | 1048 | 373 | 298 | 206 | 19 |



Trustee of Ramkrishna samvedna Trust, Dr Rohan Chariwala examining patients in eye camps.



Our managing trustee Mr Nikunjbhai Desai counseling patients for getting their cataract surgeries done.



OPD services at eye camp



Patients boarding bus for their operation

Dental Care & General Camps

Ramkrishna Samvedna Trust is organizing Dental camps in interior villages of Dang, in collaboration with Arch, Dharampur. Dr Dineshbhai (Dental Surgeon, USA) uses fully equipped mobile AC bus to check and treat patients with dental problems.

General medical camps are held in connection with Rajchandra hospital, Dharampur. Pregnant and lactating women are given health education and treatment for anemia. We are making community awareness regarding Sickle cell anemia, family planning, de-addiction and various other issues pertaining to society.

| | Total number of dental camps | Total Beneficiaries |
|-----------|------------------------------|---------------------|
| 2017-18 | 32 | 842 |
| 2018-2019 | 9 | 196 |

| | Total General camps | Total Beneficiaries |
|-----------|---------------------|---------------------|
| 2017-18 | 7 | 1023 |
| 2018-2019 | Helping in Camp | 2482 |





Dental camps in interior village, Khataamba

Dr Dineshbhai treating patients with dental problems



OPD and registration of patients at general camps



Dr Kusumben examing women patients at general medical camp by Rajchandra Hospital

Youth Empowerment, Deaddiction and Vocational training and guidance

The birthday of Swami Vivekananda, 12 January, is celebrated as Yuva Divas (Youth day). We along with various other social organizations take out awareness rallies in Vansda. Exhibitions on Swami Vivekananda's life and message, elocution competitions, video shows and de-addiction programs are held in which about 2000 students participate. Winners of elocution competition were distributed prizes.

During adolescent health programs, students are educated about ill effects of various addictions and also given information on vocational training .



Video being shown on Life and messages of Vivekananda and on deaddiction.

Students are taking pledge for

"No addiction"

Gandhi Melo (fair), Computer Classes and Blanket distribution

Last three Gandhi melas (fairs) were held in Vedchhi, Navsari (In the year 2017-18) and in Vansda (In the year 2018-19). We had our stalls displaying Publications, Exhibition and Distribution of literature on Life and Messages of Swami Vivekanada. Our staff was instrumental in running these stalls. Representatives of various Organizations visited our stalls and we had nice opportunities to learn from their experiences. We also briefed them of our various activities of social work.

During summer vacation approximately 50 students from 9-12 grades take benefit of the free computer classes being held every year at Sitapur.

In the winter season free blankets were distributed by us to the needy. Last year 190 Blankets and this year 120 blankets were distributed.



Blanket distribution in winter by Pujya Mtaji



Social workers at Gandhi Mela, Navsari



Mr. Minesh Mahla conducting computer classes



Exhibition and Distribution at Concessional rate

Career development training of employees and their participation in various programs

Our staff and trustees participated in various workshops, programs and activities as mentioned below

- Workshop on Documentation at Sewa Rural, Jhagadia
- > Training of the trainers (TOT) for Adolescent health at Sewa Rural, Jhagadia
- Efficient NGO management training
- Indian Red Cross society training
- Mega Health Show, Gandhi Smriti Hall, Surat
- Support Forum meeting, Kharel (2018) and Vasad (Near Anand) (2019)
- Navsari District Health Workers meeting
- Motivational Workshop for NGOs
- Love and Care program- Notebook distribution at concessional rates
- Adolescent project meeting with DDO Shri Sumer.
- Gujarat Ramkrishna Vivekanand Bhav Prachar parishad, Adipur.
- National Leprosy Eradication Program meeting



TOT training, SEWA Rural Jhagadia

NGO Management training, Navsari

Donation Detail for the Social cause are as follow

RAMKRISHNA SAMVEDNA TRUST Bank of Baroda Sitapur, Vansda Ac No. 57590100002609 IFSC Code : BARBOSITNAV Zero

Donation is tax exempt under section

80-G (5) of the Income Tax Act.1961

PAN No. AADTR1993E

*Three Things are needed to make every individual, every society great *

- 1. Full Assurance in power of Goodness.
- 2. Absence of any doubt or jealousy.

3. Helping those who are doing good service to society or striving to be a good human being. – Swami Vivekananda

8,1/2,7/4,5/6,3